

Milano 10K

Data **18/04/2026**
 Gara **101km Competitiva**
 Luogo **Milano (MI)**

Generale Femminile

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
1	381	BALLABIO CRISTINA	1988	SF35	1	ATLETICA CASONE NOCETO	ITA	00:37:23	00:37:21		
2	417	CRIPPA MARTA	2003	SF	1	ATL. LECCO-COLOMBO	ITA	00:37:43	00:37:41	+21	
3	214	BENTAHAR MĂ©LANIE LAURE	1997	SF	2	RUNCARD	FRA	00:38:22	00:38:20	+1:00	
4	294	FARES DORA	1996	SF	3	DK RUNNERS MILANO	ITA	00:38:44	00:38:39	+1:22	
5	491	ARNABOLDI SERENA	1991	SF35	2	MISSULTEAM COMO ASD	ITA	00:39:18	00:39:15	+1:56	
6	392	DANI MARTA	1992	SF	4	RUNNERS VALBOSSA-AZZATE	ITA	00:40:32	00:40:26	+3:10	
7	149	SEVERINO PAREDES DIANA LORENA	1998	SF	5	RUNCARD	ITA	00:41:18	00:41:14	+3:56	
8	1624	ARMENTO SARA	1991	SF35	3	MONZA MARATHON TEAM - A.	ITA	00:41:20	00:41:18	+3:58	
9	481	RAMONI EMMA	2006	PF	1	GAV GRUPPO ATLETICA	ITA	00:41:23	00:41:19	+4:01	
10	448	MERCURI ALESSIA	1997	SF	6	CUS INSUBRIA VARESE COMO	ITA	00:41:59	00:41:52	+4:37	
11	398	PELIZZARI ALESSANDRA	1974	SF50	1	FREE-ZONE	ITA	00:42:34	00:42:30	+5:12	
12	531	TRIPANI MARGHERITA MARIA VITTORIA	1993	SF	7	A.S.D. VIGONECHECORRE	ITA	00:42:39	00:42:32	+5:17	
13	370	MORONI MAGDA	1986	SF40	1	FREE-ZONE	ITA	00:43:02	00:42:55	+5:40	
14	1504	FASANA MARGHERITA	2006	PF	2	SPORT PROJECT VCO	ITA	00:43:28	00:43:24	+6:06	
15	48	DE GRAZIA VALENTINA	1995	SF	8	RUNCARD	ITA	00:43:52	00:43:46	+6:30	
16	380	FANTINI VALENTINA	1981	SF45	1	ROAD RUNNERS CLUB MILANO	ITA	00:44:03	00:43:42	+6:41	
17	576	PAGANI CHIARA	1981	SF45	2	FREE-ZONE	ITA	00:44:27	00:44:23	+7:05	
18	308	ELISI GIULIA	2005	PF	3	DK RUNNERS MILANO	ITA	00:44:36	00:44:35	+7:14	
19	340	CORRIAS MARTINA	1997	SF	9	DK RUNNERS MILANO	ITA	00:45:19	00:45:06	+7:57	
20	293	SALERNO ANGELA	1977	SF45	3	URBAN RUNNERS	ITA	00:45:34	00:45:11	+8:12	
21	1515	CLERICI PAOLA	1980	SF45	4	UNICREDIT CIRC. MILANO APS	ITA	00:45:43	00:45:22	+8:21	
22	550	TERZAGHI NOEMI	2008	JF	1	A.G. COMENSE S.S.D. A R.L.	ITA	00:45:43	00:45:31	+8:21	
23	425	MASSENZI MARTINA	1994	SF	10	VENUS TRIATHLON ACADEMY	ITA	00:46:00	00:45:53	+8:38	
24	30	TORCOLI ELENA	1996	SF	11	RUNCARD	ITA	00:46:25	00:46:22	+9:03	
25	189	BONFANTI BIANCA	1996	SF	12	RUNCARD	ITA	00:46:31	00:46:22	+9:09	
26	1502	GRAZIANO HELENA	1994	SF	13	SESTO 76	ITA	00:46:55	00:46:47	+9:33	
27	564	SALANO LUDOVICA	2000	SF	14	RUNCARD	ITA	00:46:58	00:46:44	+9:36	
28	432	STAMPA ELEONORA	1986	SF40	2	CUS INSUBRIA VARESE COMO	ITA	00:46:59	00:46:46	+9:37	
29	478	IRZHAVSKAYA SVETLANA	1982	SF40	3	ATLETICA MENEGHINA	ITA	00:47:28	00:47:24	+10:06	
30	1510	LUSSANA VALERIA	1998	SF	15	FREE-ZONE	ITA	00:47:46	00:47:28	+10:24	
31	1503	CORBETTA FEDERICA	1976	SF50	2	ZEROTRIUNO TRIATHLON	ITA	00:47:51	00:47:45	+10:29	
32	78	MARGONARI CHIARA	1980	SF45	5	RUNCARD	ITA	00:47:54	00:47:31	+10:32	
33	129	FERRIGNO VALENTINA	2003	SF	16	RUNCARD	ITA	00:48:20	00:48:02	+10:58	
34	584	DISSIMILE BARBARA	1974	SF50	3	MONZA MARATHON TEAM - A.	ITA	00:48:25	00:48:17	+11:03	
35	549	FERRARI ILARIA	2000	SF	17	LA MICHETTA	ITA	00:48:36	00:48:14	+11:14	
36	34	MORNATA BEATRICE	1997	SF	18	RUNCARD	ITA	00:48:39	00:48:26	+11:17	
37	44	MAZOZLENI CAROLA	1993	SF	19	RUNCARD	ITA	00:48:43	00:48:42	+11:21	
38	1603	MAZZOLINI PAOLA MARIA	1973	SF50	4	ASD MARATHON TEAM	ITA	00:48:47	00:48:41	+11:25	
39	439	CORDANI VALENTINA	1983	SF40	4	UTC ASD	ITA	00:48:55	00:48:53	+11:33	
40	361	MAI MARTA	1996	SF	20	A.S.D. POLISPORTIVA	ITA	00:48:56	00:48:46	+11:34	
41	36	MARCHINI FRANCESCA	1998	SF	21	RUNCARD	ITA	00:49:09	00:49:00	+11:47	
42	486	LEMBO TERESA	1995	SF	22	ASD ORTICA TEAM MILANO	ITA	00:49:10	00:48:52	+11:48	
43	269	RIZZO DE MARTINO FRANCESCA	1982	SF40	5	RUNCARD	ITA	00:49:15	00:49:01	+11:53	
44	343	GIARDINI GRETA CONSUELO	1997	SF	23	A.G. COMENSE S.S.D. A R.L.	ITA	00:49:29	00:49:16	+12:07	
45	449	MANZINI ANCILLA	1963	SF60	1	ASD POLISPORTIVA ROVINATA	ITA	00:49:29	00:49:21	+12:07	
46	520	CAMOZZI SARA	1977	SF45	6	ATL. DI LUMEZZANE	ITA	00:49:41	00:49:34	+12:19	
47	37	PITOZZI ELISA	1996	SF	24	RUNCARD	ITA	00:49:56	00:49:42	+12:34	
48	265	MIGHELI LARA	1974	SF50	5	RUNCARD	ITA	00:50:13	00:49:58	+12:51	
49	274	SZOPKA KATARZYNA	1978	SF45	7	RUNCARD EPS	POL	00:50:31	00:50:24	+13:09	
50	374	BONOMELLI CINZIA	1998	SF	25	VENUS TRIATHLON ACADEMY	ITA	00:50:39	00:50:34	+13:17	
51	50	GHSALBERTI GAIA	1996	SF	26	RUNCARD	ITA	00:50:46	00:50:30	+13:24	
52	128	CALVI MARTINA	1995	SF	27	RUNCARD	ITA	00:50:55	00:50:33	+13:33	
53	159	CAVAGGION CLAUDIA	1992	SF	28	RUNCARD	ITA	00:50:59	00:50:37	+13:37	
54	388	CONCER VALENTINA	2007	JF	2	MEETFIT	ITA	00:51:02	00:50:29	+13:40	
55	393	FUSI MARIA CRISTINA	1978	SF45	8	ASD BUMBASINA RUN	ITA	00:51:28	00:51:20	+14:06	

Generale Femminile

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
56	317	AMENDOLA GIULIA	1986	SF40	6	RUNCARD	ITA	00:51:46	00:51:41	+14:24	
57	145	ZOTTA FRANCESCA	1999	SF	29	RUNCARD	ITA	00:51:49	00:51:29	+14:27	
58	215	CODAZZA GIORGIA	1998	SF	30	RUNCARD	ITA	00:52:01	00:51:37	+14:39	
59	54	LABANCA YLENIA	1996	SF	31	RUNCARD	ITA	00:52:04	00:51:35	+14:42	
60	166	ZANASI LAURA	1979	SF45	9	RUNCARD	ITA	00:52:07	00:51:23	+14:45	
61	83	BOIDO CAMILLA	2002	SF	32	RUNCARD	ITA	00:52:25	00:52:04	+15:03	
62	109	RIGNANESE ANDREANA	1988	SF35	4	RUNCARD	ITA	00:52:29	00:51:16	+15:07	
63	151	PARMIGIANI FRANCESCA	1988	SF35	5	RUNCARD	ITA	00:52:53	00:52:47	+15:31	
64	260	FABRIS ELISA	1989	SF35	6	RUNCARD	ITA	00:52:54	00:52:30	+15:32	
65	210	DI MATTEO DIANA	1961	SF65	1	RUNCARD EPS	ITA	00:52:56	00:52:39	+15:34	
66	562	RECALDINI ELISA	1998	SF	33	ATLETICA CIMA ASD	ITA	00:53:08	00:53:03	+15:46	
67	172	FONTANA GIULIA	1986	SF40	7	RUNCARD	ITA	00:53:09	00:52:54	+15:47	
68	557	BELLON ELENA	1975	SF50	6	ASD BUMBASINA RUN	ITA	00:53:11	00:53:04	+15:49	
69	358	GAMBOA CAROLINA	2005	NC	1		MEX	00:53:13	00:53:01	+15:51	
70	391	ALTIERI MARIA CARMELA	1976	SF50	7	FREE-ZONE	ITA	00:53:14	00:53:06	+15:52	
71	18	MONTUORI MONICA	1990	SF35	7	RUNCARD	ITA	00:53:18	00:52:58	+15:56	
72	1605	OTTOLINI GIADA	2000	SF	34	ASD MARATHON TEAM	ITA	00:53:43	00:53:31	+16:21	
73	1604	ZANDA FRANCESCA	2000	SF	35	ASD MARATHON TEAM	ITA	00:53:43	00:53:42	+16:21	
74	279	ALBOROVA ELENA	1974	SF50	8	RUNCARD	RUS	00:53:46	00:53:34	+16:24	
75	511	SCOPELLITI FEDERICA	1985	SF40	8	UNICREDIT CIRC. MILANO APS	ITA	00:53:55	00:53:33	+16:33	
76	309	PRAVETTONI MORENA	1991	SF35	8	AZZURRA GARBAGNATE M.SE	ITA	00:54:18	00:54:12	+16:55	
77	475	DELLA PIETRA MONIA	1975	SF50	9	RUNCARD	ITA	00:54:19	00:54:19	+16:57	
78	106	BISCARINI SIMONA	1992	SF	36	RUNCARD	ITA	00:54:30	00:54:01	+17:08	
79	229	FORTUNATO ANNA	1972	SF50	10	RUNCARD EPS	ITA	00:54:43	00:54:42	+17:21	
80	385	MILANO MARIA	1978	SF45	10	ASD BUMBASINA RUN	ITA	00:54:43	00:54:35	+17:21	
81	365	MARANDO MIRTA	1972	SF50	11	RUNNERS LEGNANO SSD ARL	ITA	00:54:49	00:53:53	+17:27	
82	319	BOSSI VALERIA	2009	AF	1	ATL. VIGNATE	ITA	00:54:53	00:54:48	+17:31	
83	93	LAZZAROTTO VALENTINA	1989	SF35	9	RUNCARD	ITA	00:55:05	00:54:53	+17:43	
84	354	ZUCCA ANGELA	1974	SF50	12	RUNCARD	ITA	00:55:11	00:54:48	+17:48	
85	281	SANTARSIERO STEFANIA	1976	SF50	13	PICO RUNNERS	ITA	00:55:28	00:55:07	+18:06	
86	100	GIGLIO MORO FRANCESCA VALENTINA	1985	SF40	9	RUNCARD	ITA	00:55:59	00:55:16	+18:37	
87	270	MICCA MARTA	1984	SF40	10	RUNCARD	ITA	00:56:02	00:55:37	+18:40	
88	1524	SEVERIN SONIA	1974	SF50	14	URBAN RUNNERS	ITA	00:56:05	00:55:54	+18:43	
89	256	DE SILVESTRI ELENA	1983	SF40	11	RUNCARD	ITA	00:56:10	00:55:29	+18:48	
90	56	GRIMOLDI FEDERICA	1997	SF	37	RUNCARD	ITA	00:56:39	00:56:30	+19:17	
91	1608	PAPARO SARA	1991	SF35	10	S.G.LA PATRIA 1879 CARPI	ITA	00:56:43	00:56:31	+19:21	
92	1609	CORRADI MARTINA	1994	SF	38	TEAM SEMPREDICORSA ASD	ITA	00:56:44	00:56:32	+19:22	
93	1525	CATTANEO ALESSIA	2002	SF	39	RUNCARD	ITA	00:56:44	00:56:39	+19:22	
94	1610	BERGOMI GIOVANNA	1997	SF	40	RUNCARD	ITA	00:56:45	00:56:34	+19:23	
95	163	CEREDA CHIARA	1990	SF35	11	RUNCARD	ITA	00:56:51	00:56:34	+19:29	
96	1507	BERGAMASCHI VERONICA	2007	JF	3	MONZA MARATHON TEAM - A.	ITA	00:56:56	00:56:37	+19:34	
97	518	AGNOLETTO CLAUDIA	1971	SF55	1	PADILE RUNNING TEAM	ITA	00:57:00	00:56:34	+19:38	
98	338	LA SALANDRA SIMONA	1969	SF55	2	LAGUNA RUNNING SSD SRL	ITA	00:57:03	00:56:29	+19:41	
99	155	MIGLIOR FEDERICA MARIA BENEDETTA	1988	SF35	12	RUNCARD	ITA	00:57:03	00:56:53	+19:41	
100	546	GRITTI DEBORA	1969	SF55	3	ASD ORTICA TEAM MILANO	ITA	00:57:08	00:56:50	+19:46	
101	1514	CHIARINI STEFANIA	1974	SF50	15	ROAD RUNNERS CLUB MILANO	ITA	00:57:09	00:56:57	+19:47	
102	219	LEONI SIMONA	1972	SF50	16	RUNCARD	ITA	00:57:24	00:56:57	+20:02	
103	543	MARANDO VERONICA	1992	SF	41	SG SQUAD ASD	ITA	00:57:38	00:57:36	+20:16	
104	1527	TIRELLI FEDERICA	1978	SF45	11	RUNCARD	ITA	00:57:43	00:57:28	+20:21	
105	99	IANNUZZELLA ANGELA	1989	SF35	13	RUNCARD	ITA	00:57:56	00:57:23	+20:34	
106	68	ULYANOVA ANNA	2003	SF	42	RUNCARD	RUS	00:57:58	00:57:09	+20:36	
107	446	GHITTI SOFIA	2003	SF	43	FREE-ZONE	ITA	00:58:11	00:57:30	+20:49	
108	150	SASSI SIMONA	1994	SF	44	RUNCARD	ITA	00:58:22	00:57:18	+21:00	
109	487	AFSAR SHIRIN	1988	SF35	14	ASD BUMBASINA RUN	ITA	00:58:33	00:58:25	+21:11	
110	373	COMI ELISABETTA	1978	SF45	12	ASD AVIS OGGIONO	ITA	00:59:08	00:58:53	+21:46	
111	283	CORSO MONICA MARIANGELA	1982	SF40	12	RUNCARD	ITA	00:59:13	00:58:55	+21:51	
112	502	BARBIERI LORENA	1978	SF45	13	FREE-ZONE	ITA	00:59:16	00:59:08	+21:53	
113	164	PROIETTI ANNA	2002	SF	45	RUNCARD	ITA	00:59:46	00:59:19	+22:23	
114	67	RIGORNI FEDERICA	1993	SF	46	RUNCARD	ITA	00:59:54	00:58:56	+22:32	
115	453	DANIELE RAFFAELA	1962	SF60	2	ASD TRIATHLON PAVESE	ITA	01:00:28	01:00:07	+23:06	
116	573	DEDE' WILMA	1951	SF75	1	GRUPPO PODISTICO MELZO A.	ITA	01:01:36	01:01:15	+24:14	
117	368	SIMONE LAURA	1978	SF45	14	ATLETICA CINISELLO	ITA	01:01:52	01:01:46	+24:30	

Generale Femminile

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
118	595	MERLI ROBERTA	1975	SF50	17	PRO SESTO ATL. CERNUSCO	ITA	01:02:02	01:01:56	+24:40	
119	10	GAMBINO ANTONELLA	1971	SF55	4	A.S.D. ARCHIMEDE	ITA	01:02:17	01:02:07	+24:55	
120	103	CENINI ARIANNA	1991	SF35	15	RUNCARD	ITA	01:03:49	01:02:53	+26:27	
121	458	BORGH IRENE	1989	SF35	16	RUNCARD	ITA	01:04:29	01:04:15	+27:07	
122	1526	MARCHENA KAREN	1994	SF	47	RUNCARD	ITA	01:05:27	01:05:17	+28:04	
123	454	GEROSA SILVIA	1978	SF45	15	ASD AVIS OGGIONO	ITA	01:05:27	01:05:11	+28:05	
124	89	BRUSA MARTINA	2001	SF	48	RUNCARD	ITA	01:05:29	01:05:14	+28:07	
125	287	ALARI ELEONORA	1980	SF45	16	RUNCARD	ITA	01:06:44	01:06:33	+29:22	
126	1557	PAOLI CONCETTA RITA	1975	NC	2		ITA	01:07:43	01:06:50	+30:21	
127	232	VENDRAME FEDRA TALINE	1984	SF40	13	RUNCARD	ITA	01:07:56	01:07:48	+30:34	
128	1516	LONGHIN LOREDANA	1968	SF55	5	A.P.D. SPORTERAPIA	ITA	01:09:27	01:09:04	+32:05	
129	456	MUSICCO CHIARA ALLEGRA MARIA	1986	SF40	14	ALZAIA NAVIGLIO RUNNERS	ITA	01:09:50	01:09:40	+32:28	
130	5	CUCCO ARMANDA	1977	SF45	17	RUNNER VARESE	ITA	01:10:18	01:09:52	+32:56	
131	130	CHIAPPALONE FRANCESCA	1990	SF35	17	RUNCARD	ITA	01:10:33	01:10:08	+33:11	
132	80	VARGAS VERA DULIA ROCIO	1973	SF50	18	RUNCARD EPS	ITA	01:10:58	01:10:28	+33:36	
133	362	RAVELLI SILVIA	1973	SF50	19	RUNNERS LEGNANO SSD ARL	ITA	01:13:28	01:12:34	+36:06	
134	462	AFFERRANTE LORENZA	1973	SF50	20	G.S. MONTESTELLA	ITA	01:21:24	01:21:12	+44:02	
135	561	GALLAZZI MORENA	1978	SF45	18	RUN & SMILE ASD	ITA	01:22:20	01:22:01	+44:58	